

<p>Milk is served with all meals. We use 8th Continent or Silk Soy Milk as a milk substitution. Water and occasionally 100% juice is served with all snacks.</p>		<p>1 <u>Breakfast:</u> Waffles with Syrup, Blueberries <u>Lunch:</u> Whole Wheat Cheese Quesadilla, Carrots, Pineapples Tidbits <u>PM Snack:</u> Pretzels & Fruit Yogurt <u>Toddler-Late Snack:</u> Applesauce & Milk</p>	<p>2 <u>Breakfast:</u> Raisin Toast, Canadian Bacon, Mandarin Oranges <u>Lunch:</u> Chicken Nuggets, Green Peas, Brown Rice & Lentils, Pears <u>Vegetarian:</u> Brown Rice & Lentils <u>PM Snack:</u> Tortilla Chips & Fruit Juice <u>Toddler-Late Snack:</u> Goldfish & Assorted Fruit Juice</p>	<p>3 <u>Breakfast:</u> Grits, Turkey Sausage Links, Strawberries <u>Lunch:</u> Hamburger on a Whole Wheat Bun, Smiley Face Potatoes, Apple Sauce <u>Vegetarian:</u> Veggie Burger on a Whole Wheat Bun <u>PM Snack:</u> Apple Slices & Cheddar Cheese Cubes <u>Toddler-Late Snack:</u> Veggie Straws</p>
<p>6 <u>Breakfast:</u> Bagels with Cream Cheese & Grapes <u>Lunch:</u> Hamburger Pizza Soup, Whole Wheat Cheese Triangles, Corn, Cinnamon Apples <u>Vegetarian:</u> Cheese Pizza Soup <u>PM Snack:</u> Carrots with Ranch & Assorted Fruit Juice <u>Toddler-Late Snack:</u> Goldfish Crackers & Assorted Fruit Juice</p>	<p>7 <u>Breakfast:</u> Life Cereal, Bananas <u>Lunch:</u> Cheese Ravioli with Marinara Sauce, Salad with Ranch Dressing, Pineapple <u>PM Snack:</u> Cheddar & Mozzarella Sticks, Rice Crisp <u>Toddler-Late Snack:</u> Nilla Wafers & Assorted Fruit Juice</p>	<p>8 <u>Breakfast:</u> French Toast, Fruit Cocktail <u>Lunch:</u> Chicken Alfredo With Whole Wheat Ziti, Steamed Broccoli, Applesauce <u>Vegetarian:</u> Tofu Alfredo With Whole Wheat Ziti <u>PM Snack:</u> Chex Mix & Assorted Fruit Juice <u>Toddler-Late Snack:</u> Veggie Straws & Assorted Fruit Juice</p>	<p>9 <u>Breakfast:</u> Cinnamon Toast & Mandarin Oranges <u>Lunch:</u> Fish Soft Taco with Lettuce & Cheese, Black Beans, Peaches <u>Vegetarian:</u> Tofu Soft Tacos <u>PM Snack:</u> Grapes & Wheat Thins Crackers <u>Toddler-Late Snack:</u> Graham Crackers & Assorted Fruit Juice</p>	<p>10 <u>Breakfast:</u> Pumpkin Muffins, Peaches, Bacon Strips <u>Lunch:</u> Turkey Corn Dogs, Peas & Carrots, Fruit Cocktail <u>Vegetarian:</u> Veggie Corn Dogs <u>PM Snack:</u> Gold Fish Crackers & Fruit Yogurt <u>Toddler-Late Snack:</u> Pears</p>
<p>13 <u>Breakfast:</u> Oatmeal, Peaches <u>Lunch:</u> Whole Wheat Cheese Dunkers, Tomato Soup, Yellow Corn, Strawberries <u>PM Snack:</u> Trail Mix & Assorted Fruit Juice <u>Toddler-Late Snack:</u> Pears & Milk</p>	<p>14 <u>Breakfast:</u> Kix Cereal, Bananas <u>Lunch:</u> Fish Sticks, Macaroni and Cheese, Green Peas, Fruit Cocktail <u>Vegetarian:</u> Meatless Boneless Wings <u>PM Snack:</u> Grapes and Club Crackers <u>Toddler-Late Snack:</u> Cereal Bars & Assorted Fruit Juice</p>	<p>15 <u>Breakfast:</u> Pancakes with Syrup, Blueberries <u>Lunch:</u> Turkey & Dressing, Green Beans, Cinnamon Apples <u>Vegetarian:</u> Tofu <u>PM Snack:</u> String Cheese & Whole Wheat Crackers <u>Toddler-Late Snack:</u> Veggie Straws & Assorted Fruit Juice</p>	<p>16 <u>Breakfast:</u> Bagels with Cream Cheese & Applesauce <u>Lunch:</u> Shredded BBQ Chicken On A Whole Wheat Bun, Roasted Potatoes, Strawberries <u>Vegetarian:</u> Veggie Burger on a Whole Wheat Bun <u>PM Snack:</u> Cheez-Its & Assorted Fruit Juice <u>Toddler-Late Snack:</u> Ritz Crackers & Assorted Juice</p>	<p>17 <u>Breakfast:</u> Strawberry Muffins, Cantaloupe <u>Lunch:</u> Chicken Hot Dog On A Whole Wheat Bun, Sweet Potato Tots, Blueberries <u>Vegetarian:</u> Veggie Hot Dog <u>PM Snack:</u> Vanilla Yogurt & Pretzels <u>Toddler-Late Snack:</u> Applesauce & Milk</p>
<p>20 <u>Breakfast:</u> English Muffins with Sunflower Butter, Peaches <u>Lunch:</u> Chicken Noodle Soup, Whole Wheat Hot Ham & Cheese Sandwich, Corn, Cinnamon Apples <u>Vegetarian:</u> Noodle Soup <u>PM Snack:</u> Pita Chips & Assorted Juice <u>Toddler-Late Snack:</u> Pears & Milk</p>	<p>21 <u>Breakfast:</u> Cheerios Cereal, Bananas <u>Lunch:</u> Swedish Meatballs, Creamed Potatoes, Roll, Tropical Fruit Salad <u>Vegetarian:</u> Veggie Baked Beans <u>PM Snack:</u> Chex Mix & Juice <u>Toddler-Late Snack:</u> Applesauce & Milk</p>	<p>22 <u>Breakfast:</u> Sausage Griddle Cakes & Pears <u>Lunch:</u> Chicken & Whole Wheat Waffles, Green Beans, Peaches <u>Vegetarian:</u> Humus on Pita <u>PM Snack:</u> Cheez-its & Assorted Fruit Juice <u>Toddler-Late Snack:</u> Whole Wheat Crackers & Assorted Fruit Juice</p>	<p>23 <u>Breakfast:</u> Oatmeal with Brown Sugar, Canadian Bacon, Applesauce <u>Lunch:</u> Chicken Drumsticks, Peas & Carrots, Cheesy Rice, Blueberries <u>Vegetarian:</u> Yogurt Cup <u>PM Snack:</u> Apple Slices & Cheddar Cheese Cubes <u>Toddler-Late Snack:</u> Goldfish Crackers & Assorted Fruit Juice</p> <p style="text-align: center;">Kids 'R' Kids Closed</p>	<p>24 <u>Breakfast:</u> Pumpkin Muffins, Mandarin Oranges, Bacon Strips <u>Lunch:</u> Whole Wheat Cheese Pizza Muffins, Mixed Vegetables, Diced Peaches <u>PM Snack:</u> Carrots with Ranch & Fruit Yogurt <u>Toddler-Late Snack:</u> Cereal Bar</p>
<p>27 <u>Breakfast:</u> Sausage Biscuit, Pears <u>Lunch:</u> Vegetable Beef Soup, Whole Wheat Grilled Cheese Sandwich, Applesauce <u>Vegetarian:</u> Vegetable Soup <u>PM Snack:</u> Ritz Crackers & String Cheese <u>Toddler-Late Snack:</u> Cereal Bar & Milk</p>	<p>28 <u>Breakfast:</u> Chex Cereal, Bananas <u>Lunch:</u> Chicken Patties On A Whole Wheat Bun, Sweet Potatoes, Fruit Cocktail <u>Vegetarian:</u> Meatless Chik'n Patties On A Whole Wheat Bun <u>PM Snack:</u> Trail Mix & Assorted Fruit Juice <u>Toddler-Late Snack:</u> Graham Crackers & Assorted Fruit Juice</p>	<p>29 <u>Breakfast:</u> Waffles with Syrup, Blueberries <u>Lunch:</u> Whole Wheat Cheese Quesadilla, Carrots, Pineapples Tidbits <u>PM Snack:</u> Pretzels & Fruit Yogurt <u>Toddler-Late Snack:</u> Applesauce & Milk</p>	<p>30 <u>Breakfast:</u> Raisin Toast, Canadian Bacon, Mandarin Oranges <u>Lunch:</u> Chicken Nuggets, Green Peas, Brown Rice & Lentils, Pears <u>Vegetarian:</u> Brown Rice & Lentils <u>PM Snack:</u> Tortilla Chips & Fruit Juice <u>Toddler-Late Snack:</u> Goldfish & Assorted Fruit Juice</p>	